

BEREAVEMENT & GRIEF

*REIKI*



Jonathan  
2001

# Bereavement & Grief Reiki

By Guru Santiago Dobles

One of the hardest thing to heal in ones lifetime is the pain and suffering from the loss of a loved one (Family, friend, children, animal etc). The only thing that can heal this pain is Time, Love, Compassion, The Divine inner intelligence, and the Creator of all things in this Universe. Bereavement & Grief Reiki works to facilitate the healing process of someone who has suffered intense emotional trauma due to any kind of loss of someone they loved deeply or someone close to them. This could be any friend, family member, pet, children, etc. It works to do the healing within all time frames: The Past the Present & the Future. It is even stronger if you specifically form the intention to send it to the Past the Present and the Future. Please use this method of Reiki to help as many suffering people as possible. Do not charge for this type of Reiki Healing or Attunement. Instead ask the individual to donate money to a worthy cause that would help someone or something else in need. It could be the Earth, Animals, or any Person or Child in real need. Also, please request that they do the donation in the name of the person or pet lost. In addition, please light a white candle for the individual they lost. As you light this WHITE candle Ask the The Most High Creator to give them more light and more illumination to heal all pain, sorrow and grief from this tragic event.



Please note that this particular transmission can make the individual cry or laugh and/or feel blissful but it can also force them to release the deep emotional pain. Therefore, please advise the person receiving this form of reiki to drink a lot of water after treatment and to allow themselves to cry, experience or fully express themselves however feels natural to them at the time. There is truly no wrong or right approach in dealing with Bereavement Grief & Loss.

Thank you & May God Bless you with more Light and Energy so you can help more people in this existence.

To request attunement please email [sdobles@gmail.com](mailto:sdobles@gmail.com)

Much Peace Eternally,

Santiago Dobles



### **Instructions & Healing Process:**

For yourself:

"I now call upon my higher self & The Most High Creator of All to please send Bereavement & Grief Reiki through my mind body and spirit into the past present and future.

"I now call upon my higher self & The Most High Creator of All to please send Bereavement & Grief Reiki through my mind body and spirit to the Mind Body & Spirit of \_\_\_\_\_ ( name of person) for \_\_\_\_\_(amount of time you wish to send energy transmission for: ) into the past present and future. Thank you to my higher self & the Most high. So be it "

You can charge water up with Bereavement & Grief Reiki for 10 min and give it to the person suffering from a loss.

Aim your palms to the water and then calmly breathe and meditate with prayer below:

""I now call upon my higher self & The Most High Creator of all to please charge and bless this water with Bereavement & Grief Reiki for \_\_\_\_\_(length of time you wish) thank you to my higher self & The Most High Creator of All."

## **Attunement Process**

You simply invoke and call upon your Higher-self & the Most High. You ask the Higher-self & the most high for the attunement of Bereavement & Grief Reiki for \_\_\_\_\_ (Name of individual). You then aim your palms at the individual (they can be in person or long distance) and you beam the energy & the attunement to that individual. You will feel the energy come from the most high and fill your entire mind body & spirit as you radiate that loving healing energy to those that you are attuning to Bereavement & Grief Reiki.